



Family Membership cost: \$19.50/month



QUESTIONS? WANT TO JOIN?



CALL: 888-781-0585



MYLIFE WELLNESS PLAN



Because you deserve quality care at a quality price.

# The My LIFE Wellness Plan offers you quality, convenient, affordable care.

A My LIFE Wellness Plan membership offers you savings on a wide range of health care products and services. From 24/7 telemedicine access to discounts on dental care, vision care, prescription medications, diabetes supplies, hearing exams and much more, the My LIFE Wellness Plan is your single-source health and wellness solution.

## Why this plan?



You'll be accepted – everyone is!



You can use the plan as many times as you need it, with no administrative forms to file.



Your membership includes family members.



You can cancel at any time during the membership period.

## What's Included In This Plan

### Dental

- Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings and major work such as dentures, root canals and crowns through one of the largest dental networks nationally with a focus on neighborhood dentists.
- Members are able to take advantage of savings offered by leaders in the dental care industry.

### Vision

- Members save 20% to 40% off the retail price of eyewear with the EyeMed Vision Care Access Plan D discount program through the Access network. Members are eligible for discounts on exams, eyeglasses and contact lenses from more than 90,000 providers nationwide.

### Vision Correction Surgery

QualSight LASIK

*Serving you with Choice, Quality and Savings.*

- Members will receive savings of 40% to 50% off the overall national average cost for Traditional LASIK surgery through QualSight. Members can receive significant savings on newer procedures like Custom Bladeless (all laser) LASIK.
- QualSight has more than 1,000 locations, so members can choose the provider and the LASIK procedure that meet their vision care needs.

The QualSight program is not an insured program.

*Product not available in MT*

### Hearing

- Save 40% on diagnostic services, including hearing exams, at over 3,800 provider locations nationwide.

**Disclosures: THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance.** This plan does not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. This is not a Medicare prescription drug plan. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at [www.mylifewellness.net](http://www.mylifewellness.net). A written list of participating providers is available upon request. You may cancel within the first 30 days after effective date or receipt of membership materials (whichever is later) and receive a full refund. Discount Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380.

This plan is not available in Vermont or Washington.

### Telemedicine

- Telemed for LIFE is a modern, easy-to-use telemedicine solution for non-emergency illnesses and general care. Members and their families have direct access to state-licensed and fully credentialed physicians, via phone or video consultations, to receive treatment and advice for common ailments, including colds, the flu, rashes and more.
- Members and their families can request unlimited consults, at no additional cost.

### Foot & Ankle Care

- Members have access to Healthcare Network of America's podiatry services, and can receive a 50% discount on the provider's fee for the initial exam and 20% discount on the provider's normal fee for all other services.

### Diabetes Supplies

Better Living Now, Inc. (BLN) is a managed care provider of health care products and services, specializing in the needs of patients with chronic conditions.

BLN brings these values to the member:

- Free shipping and choice of free gift with first order
- Durable Medical Equipment – 20% to 30% off of retail price
- Disposable Medical Supplies – 20% to 40% off of retail price

### Alternative Health & Wellness

- Provides a 25% discount off regular fees, and access to a wide variety of credentialed specialty health care practitioners.

### Lab Services

- DirectLabs (DLS) is the leader in direct access laboratory testing.
- DLS offers a wide variety of important health and wellness blood chemistry tests at discounted prices, saving members 10% to 80% off regular retail pricing at over 3,000 certified labs nationwide.\*

*\*Not available in HI, MD, NY, NJ, RI or MA*

*\*\*ND, SD and VT offer Specialty Lab testing only*

### Prescription Discounts

- Members will have access to savings between 15% to 60% off the retail price of generic drugs and 10% to 25% off the retail price of brand name drugs at over 68,000 participating pharmacies nationwide including Safeway, CVS, Duane Reade, Wal-Mart, Target, Walgreens, Rite Aid and many more.
- Even if members have prescription benefits through a health insurance carrier, a comparison of costs between the two programs should be performed to determine the most savings.

### Health Screening Services

Life Line Screenings goes beyond your regular checkup with painless ultrasound screenings that can reveal dangerous plaque buildup or blockage. These services include:

- Carotid Artery Screening (Plaque)
- Heart Rhythm Screening (Atrial Fibrillation)
- Abdominal Aortic Aneurysm Screening
- Peripheral Arterial Disease Screening

### Cell Phone Repair Services

Our cellular care coverage will reimburse the costs associated with repairing your mobile phone no matter how your device was damaged. The coverage includes:

- Cracked screens
- Water damage
- Mechanical malfunctions
- Electrical malfunctions